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Trauma And Recovery The Aftermath

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vast literature of combat veterans and victims of political terror, to show the parallels between private terrors such as rape and public traumas such as terrorism.

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In a new afterword, Herman chronicles the incredible response the book has elicited and explains how the issues surrounding the topic have shifted within the clinical community and the culture at large. Trauma and Recovery brings a new level of understanding to a set of problems usually considered individually.

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The second edition of Judith Herman's groundbreaking work, Trauma and Recovery: The Aftermath of Violence—From Domestic Abuse to Political Terror, was released in 2015, 23 years after its explosive initial publication in 1992. One of the most influential books of its time, the work has held up well against the past 23 years of research and clinical observation in the field of psychological trauma.

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Even more surprising is that many survivors experience increased well-being after trauma. In the aftermath of shocking events, people often start over and rethink their priorities. ... Rather than ...

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Trauma and Recovery Summary The Aftermath of Violence – From Domestic Abuse to Political Terror. About Judith Herman. Despite being an author, Judith Lewis Herman, teaches clinical psychiatry at Harvard University. "Trauma and Recovery Summary". Traumatic experiences can have a different impact ...

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Trauma and Recovery brings a new level of understanding to a set of problems usually considered individually. Herman draws on her own cutting-edge research in domestic violence as well as on the vast literature of combat veterans and victims of political terror, to show the parallels between private terrors such as rape and public traumas such as terrorism.

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Praise For Trauma and Recovery: The Aftermath of Violence--From Domestic Abuse to Political Terror "One of the most important psychiatric works to be published since Freud."— New York Times. "A landmark."— Gloria Steinem.

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Like. "In situations of captivity the perpetrator becomes the most powerful person in the life of the victim, and the psychology of the victim is shaped by the actions and beliefs of the perpetrator.". — Judith Lewis Herman, Trauma and Recovery: The Aftermath of Violence - From Domestic Abuse to Political Terror.

Trauma and Recovery Quotes by Judith Lewis Herman

Trauma and Recovery: The Aftermath of Violence--From Domestic Abuse to Political Terror. In this groundbreaking book, a leading clinical psychiatrist redefines how we think about and treat victims...

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The two major emphases of the book, trauma and recovery, are logically connected in its content. For example, on Page 133, the author states that the core experiences of trauma are disempowerment and disconnection from others. Therefore, recovery seeks to empower the survivor and create new connections.

Trauma and Recovery: The Aftermath of Violence--from ...

Trauma and Recovery : The Aftermath of Violence--From Domestic Abuse to Political Terror by Judith L. Herman (2015, Trade Paperback) 3 product ratings. 5.0 average based on 3 product ratings. 5.

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