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Addiction

Overcoming Your

Need To Please

Everyone Joyce

Meyer

To Please

Everyone

Joyce Meyer

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### **Approval Addiction Overcoming Your Need**

Overcoming Approval Addiction. Learn to receive God's approval not people's approval. We cannot always be people

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pleasers. We cannot always put the mask behind the mask and being "nice". We cannot always pretend to say yes just because we cannot say no. Just accepting who we are. If we lose a relationship because we tell someone no, then we really never had a true relationship at all.

**Approval Addiction:  
Overcoming Your**

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**Need to Please ...**

Introduction: **Overcoming Your**

Understanding **Need to Please**

Approval Addiction

**PART I: ACCEPTING**

**WHO WE ARE** Chapter

1: Facing Fear And

Finding Freedom

Chapter 2: Knowing

Who You Are Chapter

3: Conforming To

Righteousness Chapter

4: Changing Your Self-

Image Chapter 5:

Loving Yourself **PART II:**

**ADDRESSING OUR**

**ADDICTIONS** Chapter 6:

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**Approval Addiction:  
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They are not capable of feeling good about themselves. For some the quest for approval becomes an actual addiction, as they seek self-worth from the outside world because they can't find it within themselves. Joyce

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Meyer understands the need for seeking approval from others to overcome feelings of rejection and low self-esteem.

**Approval Addiction:  
Overcoming Your  
Need to Please ...**

Free download or read online Approval Addiction: Overcoming Your Need to Please Everyone pdf (ePUB) book. The first edition of the novel was



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published in  
September 1st 2002,  
and was written by  
Joyce Meyer. The book  
was published in  
multiple languages  
including English,  
consists of 272 pages  
and is available in  
Hardcover format.

### **[PDF] Approval Addiction: Overcoming Your Need to Please ...**

The first way to  
overcome approval

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addiction is to be gentle with yourself. Wanting to feel connected with others is normal. It's only an issue when it's imbalanced with other priorities like having boundaries. What approval addicts are often missing is self-approval.

**Overcoming  
Approval Addiction:  
Stop Worrying About  
What...**

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Addiction  
Overcoming Your  
Need to Please  
Everyone, Joyce Meyer  
indicates - "an addiction is something that controls people - it is something they feel they cannot live without, or something they feel driven to do in order to relieve pressure, pain, or discomfort of some kind.

**Who Are You Trying**

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## **to Impress Anyway? 3 Ways to Start ...**

Joyce Meyer, in her book *Approval Addiction: Overcoming Your Need to Please Everyone*, says that people's constant need for approval stems from insecurity, which, in some cases, is a result of past abuse — be it physical, verbal or emotional.

## **4 Ways to Overcome a Need for Approval**

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### - **Gaiam**

11 Tips to Stop Your Approval Addiction, by Tess on March 25, 2013. I don't need your approval to be OK and you don't need mine. I don't need your love and devotion to be happy and you don't need mine. It took me two different therapists and several years to finally take back my power and accept that certain family members,

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## **11 Tips to Stop Your Approval Addiction**

Being addicted to such approval can cause you to miss opportunities and put your own dreams on hold all for the sake of being approved of, of being liked. And even if you get approval from outside of yourself, if you do not feel good about yourself, you will feel it is just a lie and still feel empty inside.

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## **How to Break Free of Your Approval Addiction | HuffPost Life**

Like any addiction, we may live in denial of our addiction to approval, refusing to accept that it's an addiction, ...

Overcoming the Need to Please. Good Enough for Life.

## **Are You Addicted to Approval? |**

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## **Psychology Today**

And I can tell you from personal experience, they certainly steal your joy and your peace—and that is not God's will for you or anyone else. I believe there are two states that can cause us to desire the approval of people: being emotionally wounded and being caught in a pit of self-pity.

**Breaking the**

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## **Approval Addiction | Everyday Answers - Joyce ...**

The risk of being addicted to others' approval is that you end up living your life for other people.

Remember, you are the source of love and approval. You do not need to get it from others. Cultivate inner worth and approval by taking action on the steps below: Step 1:

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**Addiction - How To  
End Your Need To  
Please**

All of us struggle with our sense of worthiness. Joyce's goal is to help us understand that we are all whole in God, regardless of our flaws. Address your approval addictions.

Understanding the specific character traits that foster addiction, and how our past is

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often a factor in our behavior, is a major step in overcoming our insecurities.

Everyone Joyce

**Approval Addiction:  
Overcoming Your  
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For some the quest for approval becomes an actual addiction, as they seek self-worth from the outside world because they can't find it within themselves.

Joyce Meyer  
understands the need

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for seeking approval from others to overcome feelings of rejection and low self-esteem. The good news, she says, is that there is a cure.

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Address your approval addictions.

Understanding the specific character traits that foster addiction,

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and how our past is often a factor in our behavior, is a major step in overcoming our insecurities. Break the pattern for the future.

**Approval Addiction:  
Overcoming Your  
Need to Please ...**

In Approval Addiction Joyce Meyer encourages and implores readers to overcome the need to please. The need to please is something

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that runs very rampant in our society (minus those who have a need to be selfish). Whether it's at work, at home, at church or relationships with family and friends, the need to be please is a silent killer.

**Approval Addiction:  
Overcoming Your  
Need... book by  
Joyce ...**

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Quotes Showing 1-30

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of 38. "Being negative only makes a difficult journey more difficult. You may be given a cactus, but you don't have to sit on it." — Joyce Meyer, Approval Addiction: Overcoming Your Need to Please Everyone. tags: inspirational , journey. 54 likes. Like.

**Approval Addiction  
Quotes by Joyce  
Meyer**

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